

CASTING WITH IMPRESSION FOAM



Step 1
Align your body properly.
Establish right (90 degree)
angle at hip, knee and ankle.



Step 2
See that ankle is neither
rolling out or in.



Step 3
Hold ankle in neutral
position, preventing ankle
from rolling out or in when
impression is made. Instruct
the person to apply no
pressure. Place free hand on
patient's knee and press down, pushing the foot 1" to
1-1/2" into foam. Simultaneously, apply pressure to
opposite hand to guide the foot in straight. The ball
of foot and heel should hit the bottom at the same
time.

Read steps 1-5 before beginning



Step 4
Finish the impression by
pressing down the toes that are
sticking up. It is natural for the
toes to bend up while the foot is
being pressed into the foam.
Now have the person stand up to
ensure the foot has reached the
bottom, but do not allow the
ankle to roll in or out.



Step 5
Inspect each impression for
defects or an uneven nature of
the weight bearing surface or
abnormal feet contour. Repeat
procedure with the other foot.

Questions Please Contact:

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